

SPEED AND AGILITY CAMP

AGES 7-16

SUNDAY MORNINGS
MAY 11 - JUNE 15

Please note:

May 25 session will be moved to
May 29, 5 - 9:00PM

Working on overall mechanics
for **speed** and **agility**

7-9 Year Olds

12:00 - 1:15PM

(May 29, 5-6:15pm)

10-12 Year Olds

1:30 - 2:45PM

(May 29, 6:30-7:45pm)

13-16 Year Olds

3:00 - 4:15PM

(May 29, 8-9:15pm)

\$200/6 Week Program
or \$40 Drop-in Per Session

LED BY ZACH JONES & JESSE BOWIE



REGISTER TODAY

For questions: 315-941-2310
gcalogero@ican.family

